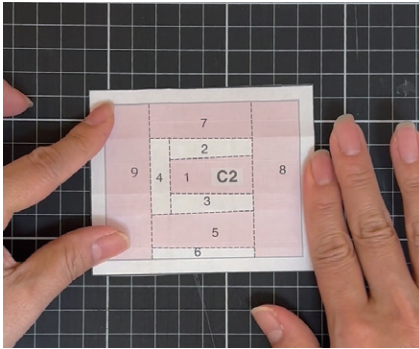
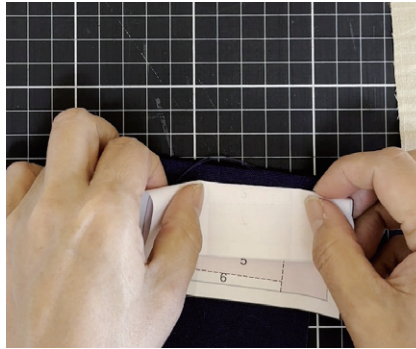


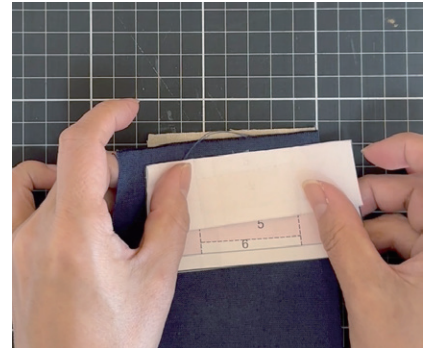
Foundation Paper Piecing – Quick Guide



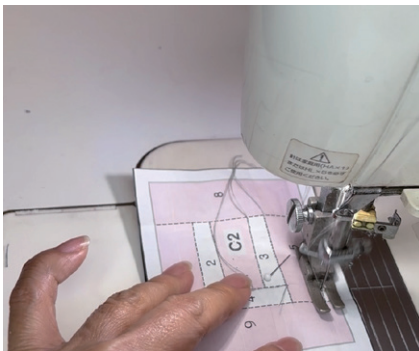
1. Prepare the Foundation
Printed side up.
Lightly fold along each sewing line to crease the paper.



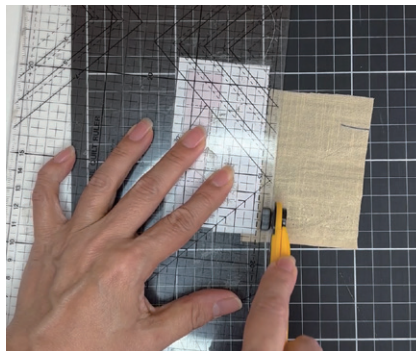
2. Place Fabric 1
On the unprinted side, right side up, covering the first section.



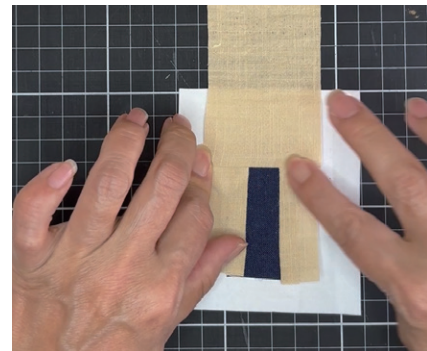
3. Add Next Fabric
Place the next fabric right sides together, aligned with the sewing line.



4. Stitch
Sew on the printed line, extending a few stitches past both ends.



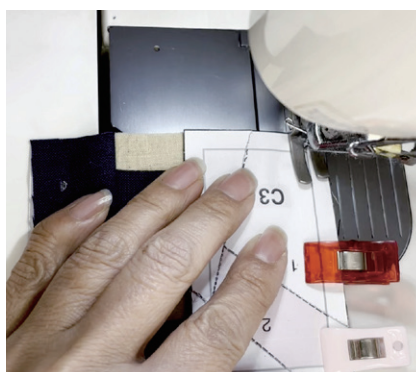
5. Trim
Fold paper back on the cutting line.
Trim excess fabric, leaving a 1/4 inch (6 mm) seam allowance.



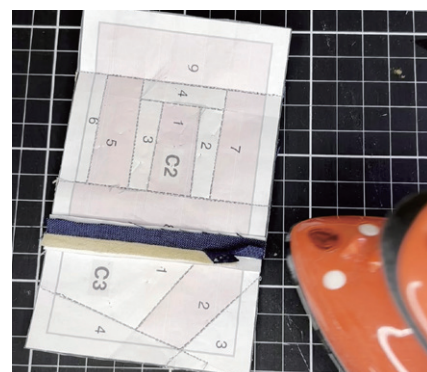
6. Press
Flip fabric open and press flat from the fabric side.
Use a dry iron (no steam).



7. Repeat
Repeat steps 3–6 until all sections of the block are completed.



8. Join Sections / Blocks
Align two completed sections right sides together.
Stitch with a 1/4 inch (6 mm) seam allowance.



9. Press Seams
Press seams open or to one side, as preferred.

10. Final Trim
Trim the assembled block along the outer cutting line.

11. Remove Paper
Carefully tear away the paper from the outside toward the center.

Final Notes
Take your time and enjoy the process!